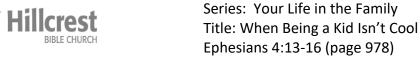
Series: Your Life in the Family Title: When Being a Kid Isn't Cool Ephesians 4:13-16 (page 978)

Date: March 8, 2020 Speaker: David Bartosik





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1. Our maturing is the point.

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2. Our remaining in immaturity is unhealthy.

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3. Our maturing involves truth joined with love.

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4. Our maturing is ultimately empowered by God.

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5. Our maturing is dependent on cooperation.

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LIFE GROUP QUESTIONS

Warmup

Who is someone in your life (or in history) you aspire to become like some day? What qualities or characteristics are you trying to develop to become more like this person?

Read Ephesians 4:1-16

What

- 4. How would you summarize each of the three sections of this chapter (verses 1-6, 7-13, 13-16)?
- 5. What contrast does Paul make between verses 13 and 14? What is his message behind the contrast? What are some signs of maturity and immaturity?
- 6. Paul's theme of unity and diversity is summarized in verse 16. Restate verse 16 in your own words. Why is the human body a good analogy to describing the church?

So What

- 4. Paul encourages speaking truth in love (v 15). What does he mean by that? Do you tend to speak more truth with less love, or more love with less truth? What are the pros and cons of each? Why is it important to speak truth in love?
- 5. Think of a time when someone spoke the truth in love to you. How did that make you feel? How did you receive that person? How did you receive the truth?
- 6. Have you ever tried to live the Christian life apart from the body of Christ, the church? In what ways do you need others in the church? How can you contribute to help the body grow?

Now What

- 4. Can you look back on a date or period of time during which you were reborn as a child of God? Describe the circumstances around that time. Since then, what are some ways you have matured? Are there any "childish" ways still in need of maturing? What is a next step for you in that process?
- 5. What are some examples of waves and winds that you struggle against in our life? How specifically can you mature to fight against these lies?
- 6. Open the door for someone who knows you well to speak some truth in love into your life. This could be a parent, mentor, friend or spouse. Ask them, "What are some things that you see I can change in order to be more like Jesus? What are some changes I can make to build into our relationship more (i.e. marriage)?

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