

Series: Your Life in the Family
Title: Getting to the Heart of the Matter
Date: March 22, 2020
Text: Ephesians 4:25-28 (page 978)



Big Idea

Because we are new, our Why shifts from self to others,
reflecting God's love and trustworthiness in our lives.

1. Do not lie, but speak truth to promote unity in the church.
2. Do not sin, but resolve anger to protect unity in the church.
3. Do not steal, but work to provide for unity in the church.

Discussion Questions

1. What are some do's and don't's around you in your life? Think about family house rules, classroom rules, driving laws, work policies, etc. For some of these, what is your Why behind whether you obey or disobey these do's and don't's?
2. Think of a time when you spoke truth with someone. Did you need to "let down your guard" or "take off your mask" in the process? How did that feel to be honest about yourself? Were you taking a risk in speaking truth? If so, what was the risk? What was the reward?
3. Think of a time when you lied to gain favor with someone. Why did you lie? What was so important to you?
4. "He makes me angry!" is actually an inaccurate statement. People don't make us angry, but rather we choose to react in anger because of something they do or say. Why do you respond to certain things with anger? What then sometimes draws you into sin?
5. If you are in conflict with someone, why is holding on to this grudge more important than forgiving and reconciling to protect the unity of the church?
6. Read Ephesians 4:31-32. What are some practical ways you can learn to put away sinful anger in order to give no opportunity to the devil?
7. What are some blessings that you have sighted given all of the changes to your normal lives?
8. What are you doing now that you haven't been able to do for a long time?
9. What are some things that have been difficult to handle?

Resources mentioned in the sermon:

When People are Big and God is Small by Ed Welch (1997)

Pleasing People by Lou Priolo (2007)

A Small Book About a Big Problem by Ed Welch (2017)